

SCHOOL COUNSELOR NEWSLETTER - OCTOBER 2017

Allysone Moore - Chipeta Elementary

Hello again, and happy FALL! It's been so much fun getting to know students and working with them through classroom lessons. Many of the lessons we've done so far have aligned with the Code of Collaborations each class created together.

- **Classroom Lessons** –These are the SecondSTEP lessons that are coming up for each grade:
 - Kindergarten & Grade 1:
 - Following Directions
 - Self-Talk for Learning
 - Being Assertive
 - Grades 2 & 3:
 - Using Self-Talk
 - Being Assertive
 - Identifying Feelings
 - Grades 4 & 5:
 - Respecting Similarities & Differences
 - Understanding Complex Feelings
 - Understanding Different Perspectives

Be sure to check out all of the SecondSTEP resources, including games, activities, and book lists, at <http://www.secondstep.org/>. Let me know if you need more information about how to access these resources.

- **Did you know**...October is Positive Attitude month?!

Benefits of a Positive Attitude:

- It helps you achieve goals and attain success.
- It brings more happiness into your life.
- It produces more energy.
- Positive attitude increases your faith in your abilities, and brings hope for a brighter future.
- You become able to inspire and motivate yourself and others.
- You encounter fewer obstacles and difficulties in your daily life.
- You get more respect and love from people.



KEEP
CALM
AND
BE
POSITIVE

- **Resources** – Need some help and don't know where to start? Below are some resources that you may find helpful.

Family/Parenting:

<http://www.parenttoolkit.com/>

Parent Toolkit is a one-stop resource developed with parents in mind. It's produced by NBC News Education Nation and includes information about almost every aspect of your child's development.

www.familyeducation.com/home

Provides parents with educational printables, games, activities, parenting ideas, tips, family advice, and information on learning disabilities for children of all ages: toddlers, babies, elementary-aged children, and teenagers, K-12.

Please feel free to contact me if you have any questions or if you have concerns about your child.

You may call me at **(970) 254-6825 Ext. 45108** or email me at Allysone.Moore@d51schools.org.

Allysone Moore
Chipeta Elementary School Counselor

Allysone Moore
Chipeta Elementary School Counselor
(970) 254-6825 Ext. 45108
Allysone.Moore@d51schools.org

