

# SCHOOL COUNSELOR NEWSLETTER - FEBRUARY 2018

Allyson Moore - Chipeta Elementary

Hello Chipeta Families!

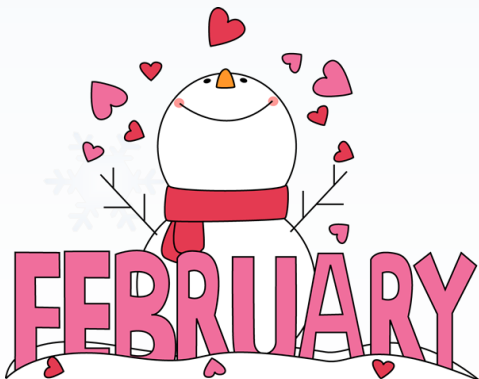
## Did you know...

There are two special weeks during February:

- February 5-9 is National School Counseling Week.
- February 11-17 is Random Acts of Kindness Week, which we're celebrating at Chipeta the entire month of February!

So, for National School Counseling Week, I'd like to remind you of some of the services I provide to help support each and every one of the students at Chipeta!

- Classroom Lessons – With a focus on Social/Emotional Learning, such as Empathy Skills and Emotion Management
- Individual Student Planning – Development of goals and one-on-one work towards goals
- Responsive Services – Individual and/or small-group counseling, as needed
- Collaboration – With parents, teachers, and community professionals to support students' success



Need some help and don't know where to start? Below are some resources that you may find helpful.

## Family/Parenting:

<http://www.parenttoolkit.com/>

Parent Toolkit is a one-stop resource developed with parents in mind and includes information about almost every aspect of your child's development.

[www.familyeducation.com/home](http://www.familyeducation.com/home)

Provides parents with educational printables, games, activities, parenting ideas, tips, family advice, and information on learning disabilities for children of all ages: babies through teenagers.

As always, please feel free to contact me anytime if you have questions or if you have concerns about your child.

**Allyson Moore**  
School Counselor

**Allyson Moore**  
Chipeta Elementary School Counselor  
(970) 254-6825 Ext. 45108  
[Allyson.Moore@d51schools.org](mailto:Allyson.Moore@d51schools.org)